

**Dear Participant,**

You are invited to “SCENAR Therapy Workshop On The Use Of Basic Pain Algorithms In a Rehab Clinic”, (Level 1 Scenar Training) on October 19-21, 2018 in Bay Area, CA.

Do you know that RITM SCENAR Pro Plus the world’s most favored, reliable and ergonomically best Scenar. The experienced Scenar Therapists prefer it to all other devices on the market emphasizing its efficiency and quality of the signal.

To address the need for more practical work with Professional SCENAR devices, RITM Scenar OKB, Inc. is introducing Practical Workshops for medical practitioners.

SCENAR therapy is based on the philosophy that living organisms have a self-healing capability. With SCENAR application we can stimulate these capabilities while we support the organism during the process of healing - whether for acute or chronic issues, and it works even better and faster with our targeted algorithms/protocols. SCENAR quickly relieves pain and helps restore most of the body’s functions.

Our training will be held at *“Elevate Performance & Physical Therapy”* – Dr.Nadine Waeghe’s office and training facility, *643 Bair Island Road, Suite 103 Redwood City, CA 94063.*

Our trainer: Dr Irina Ershova, Certified RITM SCENAR Therapist & Trainer. During the course she will share her knowledge and take you through a typical, comprehensive SCENAR treatment showing some of the advanced techniques she uses in her practice. Some self-treatment protocols will be presented so that practitioners can learn different ways to treat themselves (Personal device).

The **Workshop On the Use Of Basic Pain Algorithms In a Rehab Clinic** covers SCENAR signal and Professional device settings, SCENAR therapy principles, local complaints, zones of general regulation, specific therapy methods and practical exercises.

3-Day training will include:

## **Workshop plan:**

- 1.** Introduction (features of SCENAR therapy as technology, the philosophical base of SCENAR therapy, distinction between SCENAR signal and other types of electrotherapy).
- 2.** SCENAR Pro and home use devices. Technical characteristics, differences, newest models and their features/upgrades.
- 3.** Basic principles of SCENAR therapy.
- 4.** Complaint. "Here and now"
- 5.** Zones/Areas of treatment:  
Local zone: a direct projection of the complaint (pain), symmetrical zone, segments of the spine, horizontal, reciprocal zone.  
General zone: 3P6P  
Zones of active organs
- 6.** Treatment rules in the D-0 mode
  - Radical zones
  - within 3P6P zone
- 7.** Treatment rules in the D-1 mode in the local zones.
- 8.** Pain therapy - an algorithm for the treatment of local pain.
- 9.** Basic pain techniques:
  - Dynamic attack on pain
  - Competitive analgesia
  - Bee sting
  - 5 points on the joints
  - Vaccination
- 10.** Pain techniques
  - Small cross
  - "6" simple
  - "9" cycle
- 11.** SCENAR therapy in specific cases:
  - acute injury
  - sports trauma (chronic and acute)
  - Carpal tunnel release
  - Tennis elbow release
  - Achilles tendon repairs
  - Quad and patella tendon repairs
  - Muscle overtraining/overloadingAlso:

- post surgery therapy, scar healing and repair, oedema, bruising
- rehabilitation therapy after joints replacement (shoulder, knee, hip)
- arthritis
- whiplash Injury
- rehabilitation after a stroke

**12.** Use of external/remote electrodes: (spaced, sticky patches/pads, Multiple Electrode with stainless steel contacts, gloves)

**13.** OLM products and OLM prevention-prevention of aging and rehabilitation after the diseases.

A Certificate of Completion the Course will be issued to each attendee.

The 3-day workshop fee is \$850 per person. We offer discounts for our regular/returning customers. If you register 2 or more participants from the same company/clinic, we offer a group discount. The course fee needs to be paid 5 days prior to the course.

Though we try as much as possible to keep to our Course Outline –there may be some course deviation expected depending on group size –but all subjects should nevertheless be covered. Also we allow a sufficient amount of time for Practice – Working in Pairs.

Each day, we start at 8:30am; lunch break 12:00pm – 1pm; and, workshop ends at 5:30 pm (with a couple of short breaks as needed).

Having signed for the Training you have taken the first and most important step towards introducing Scenar<sup>®</sup> to your patients/clients.